

28th Annual
Parenting Awareness
Michigan
Virtual Conference
Friday, November 20, 2020

Agenda and Guidelines

9:15 a.m. to 3:30 p.m.

Who Should attend? Individuals who work with parents and families, educators, services providers, school personnel, parent networks, coalition members, parent leaders, volunteers and anyone interested in parenting.

Conference Highlights:

- Workshops include current trends and relevant issues facing parents, educators and caregivers, including substance abuse, family engagement, empowering youth, mental health, self-care, conscious discipline, and more.
- Participants will leave with practical, inspirational, and creative ideas to use throughout the year!
- Keynote: Social Distancing with Families—The Covert Pandemic, Breakout sessions on: Risk-Taking and Substance Misuse; Programming in the Time of COVID-19 and; Children and Trauma, Prepared Readiness for Families in Michigan. Closing Session: Why Self-Care is More Important Than Ever.
- Continuing education is being offered. Pending approval for Social Work, MICEC, MCBAP, CFLE.

PAM Virtual Conference Agenda

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November 20, 2020

9:15 am to 9:30 am | Welcoming and Housekeeping

November 20, 2020

Keynote

9:30 am – 10:45 am
(75 min)

Social Distancing with Families – The Covert Pandemic. This session will provide participants with an inside look at a case study conducted on family engagement. We will share stories of the attempts to put theory into practice and the roadblocks along the way. We will reveal how, in the midst of the case study, the pandemic hit and how the lessons on the importance of strength-based internal strategies and practices were actualized. By the end of the session participants will: Examine their commitment and capacity to engage with families and; analyze the significance of thoughts, language, and storytelling; Practice utilizing their energetic system. *Barb Flis, Founder, Parent Action for Healthy Kids.*

10:45 am to 11:00 am

Break

Session I

11:00 am to 12:00 pm
(60 min)

Risk-Taking and Substance Misuse. Addiction can negatively impact individuals struggling with substance misuse as well as their families. Substance misuse and addiction are substantial problems in America and can negatively influence the way American families function in a number of ways including often not receiving the help they need to address these issues. As a result, individuals with a substance use disorder and all the people close to them continue to hurt. This session will examine data related to the impact of substance misuse and addiction on families by looking at factors including: Effects of addiction on different types of families; substance misuse and family interactions; the link between abusive behavior and addiction; how parental attitudes on substance use influence children and teens; effects of genetics and chronic substance misuse on addiction; finding the right family therapy and treatment. *David Allen Tyler, Sanilac County Counseling Services*

11:00 am to 12:00 pm
(60 min)

Emergency Preparedness for Families in Michigan. This presentation will focus on preparing for natural disasters and matters surrounding current events with COVID-19. This block of education includes a live look at the basic Emergency Preparedness Kit prepared by The Michigan State Police Emergency Management & Homeland Security Division. At the conclusion of this presentation, participants

	will have an idea of how-to develop and implement an emergency preparedness plan for others and your own household. <i>D/Tpr. Ronnie M. Evans Jr, Community Service Trooper, Lansing Post District 1 Michigan State Police</i>
12:00 pm to 1:00 pm	Lunch Break
Session II	
1:00 pm to 2:00 pm (60 min)	Programming in the time of COVID-19: The Rapid Transition to Virtual Programming for Parents and Families. COVID-19 presented unique challenges and a rapid shift from in-person to virtual programming, and required a rethink of relationship building, content delivery and program evaluation. Arbor Circle staff looked for unique ways to provide services that resulted in increased attendance and successful content delivery and successful reintegration of programming. <i>Leigh Moerdyke, Prevention and Advocacy Program, and Brandy Hannah, Parent Education Coordinator, Program, Arbor Circle</i>
1:00 pm to 2:00 pm (60 min)	Children and Trauma. This session is geared towards strengthening our understanding of the impact of trauma and how it affects the brain, with a focus on how trauma impacts children's behaviors and the effects of Adverse Childhood Experiences have on children later in life. We know that ACES can lead to substance misuse, and will address their relationship to substance use disorders. We will wrap up with concentrating on how the power of relationships and attachment works to strengthen resiliency within the children in our care. <i>Tonya Womack, and Carlolina Garza Flores, Community Outreach Facilitator, Care House of Oakland County</i>
2:00 pm to 2:15 pm	Break
Closing Session	
2:15 pm to 3:30 pm (75 min)	Why Self-Care is More Important Than Ever. This has been a long, hard year in so many varied and various ways for many of us. Parents, caregivers, educators, and advocates for children and young people are especially likely to end up giving until our wells runs dry. This session will address the fact that it simply is not possible to be there for others without also taking care of ourselves. Self-care done right is a radical act and one that requires patience, planning, and intention. The steps and choices we take during a crisis like the Coronavirus pandemic can help us identify and clarify who we want to be and what we want to model for our children and others. During this session, participants will learn concrete steps to build a plan of self-care that address their emotional, physical, and mental well-being. <i>Christine Triano, MSW, LCSW, Adult and Adolescent Psychotherapist and Director of Mental Health, The Center for Connection</i>

Online Instruction and Guidelines

Registration – First Step: You must register. You will receive a registration confirmation with unique links for Zoom after you register. You should save the link for easy access. However, you will get a reminder email with the links one day before the event. **IMPORTANT:** Active participation for the entire conference is required to receive CEUs.

credits, no partial credit will be given.

Register Online – www.preventionnetwork.org/pam - *Registration closes November 18, 2020*

Terms and Conditions:

Payment Due: Payment must be received 5 business days prior to the event. All no-shows will be invoiced the full registration amount.

Registration fee is \$35. After 11.14.2020 the fee will increase \$10. The total late fee will be \$45. Registration Deadline: Registration closes on Wednesday, November 18, 2020.

Cancellation Policy: Cancellations are permitted 5 business days prior to the event. No-shows will be billed at the full event rate. You may cancel your registration and receive a refund, minus a \$15 administrative fee, up until November 18, 2020. No refunds are available after this date. Refunds will be issued within 90 days after the event.

Virtual Participation: You are expected to actively participate in the training. See below for additional information about virtual training recommendations and requirements.

- Everyone who registers will gain access to the keynote and closing sessions. You will receive a confirmation with a unique zoom link to gain access to all the sessions you selected. You will not have to register with Zoom.
- Payment must be received 5 business days prior to the training.
- We recommend that you save virtual training links in your calendar for easy access the day of the training. You will also receive a reminder with all the links 1 day before the event.
- You must watch the virtual training LIVE to receive credit for the training.
- Your video camera must be on at all times. Telephone only option is not acceptable.
- We recommend that attendees log into the virtual training at least 15 minutes before the training begins.
- The registration report will indicate arrival time (note for continuing education you must be logged into the virtual training within 5 minutes of the start of the training).
- Polls and/or quizzes will be randomly given with a limited time for attendees to respond. This is required for continuing education.
- Internet: A strong internet connection is highly recommended. If your internet service is not able to stream videos, it will likely not be strong enough to support a virtual training. You will want a minimum upload speed of 5mbps. We can not provide high-speed access. Please make sure your technology needs are met prior to the event.
- After confirmation that you have fully participated in this training, completed the quiz and evaluation, your Continuing Education Certificate will be emailed to you within 30 days of the training.

Social Workers: This course qualifies for a maximum of 4.5 CEs. Michigan Social Work Continuing Education Collaborative. Approved 090820-00. Qualifies as “face-to-face (in-person) education.”

***Substance Abuse Professionals:** Parenting Awareness Michigan/Prevention Network is approved by the Michigan Certification Board for Addiction Professionals (MCBAP). Substance Abuse Professionals participating in this event may receive a maximum of 4.5 specific contact hours. It is important that attendees keep a copy of the conference program brochure containing the workshop descriptions along with their attendance record email. Qualifies as “in-person education.”

***Certified Family Life Educators:** This course qualifies for a maximum of 4.5 hour. National Council on Family Resources. Qualifies as “face-to-face (in-person) education.”

** CEU's - Pending Approval*

Continuing Education Requirement: National Accreditation Rules: National Accreditation rules indicate that if you are over five (5) minutes late or depart early, you forfeit your continuing education hours for the entire event. Please note that this is a National rule that Prevention Network must enforce, or we may not be able to provide continuing education hours in the future. This rule will be strictly followed.

Certificate Awarded: After confirmation that you have fully participated in the entire day of event (see Virtual Participation section above), completed the quiz and evaluation, your Continuing Education Certificate(s) will be emailed to you within 30 days of the event. Partial credit will not be given for this conference.

Evaluation: There will be an opportunity for each participant to complete an evaluation of the event. If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation of the conference or you may contact Kristine Norton at 517-393-6890, kristinen@preventionnetwork.org or through our website at www.preventionnetwork.org/pam for resolution.

Permission to Record, Use Image or Representation: I give my permission for PAM/Prevention Network to videotape, audiotape, photograph, record, edit or otherwise reproduce my voice, image or likeness, and to use it in various formats and for the purposes within PN/PAM mission is to promote parenting awareness, education, and resources through state outreach and local effort. Distribution methods may include, but are not limited to the classroom, television (including TV, broadcast, cable, and other), the Internet (including websites, webcasts and podcasts), print publications or other medium not existing or later created. PN/PAM retains the right not to use the footage for other than archival purposes. Any copyright protected works which I deliberately provide or otherwise include as part of a recording or background image are either my own property or works for which I have the permission of the copyright owner to use in any way. I certify that I am 18 years or older and have read this release and consent form and understand all its terms.

Code of Conduct for Participants: Prevention Network/Parenting Awareness Michigan (PAM) wants to create a event environment that is safe, inclusive, and fosters learning. As an attendee of the PAM conference, you are agreeing to contribute to the success of such an environment. PAM attendees are responsible for proper and ethical behavior during events. It is not acceptable to use obscene, profane, threatening, or disrespectful visual, verbal, or written communication during your time as an attendee. Attendees are also not permitted to record any part of this event for personal or other use. If Parenting Awareness Michigan/PN becomes aware that a participant has failed to abide by this code of conduct, then the association may take whatever actions it deems appropriate, including, for example, removal from the event without refund, notification of participant's employer, removal of any continuing education credits, and disqualification from attending future events.