

The Center for Health and Health Care in Schools School of Public Health and Health Services The George Washington University http://www.healthinschools.org

## For Parents: Counseling Help at School

Many schools provide support to students and their families that experience behavioral or emotional difficulties. Here are five questions to help you learn what is available:

- What counseling and mental health services are provided in the school building?
- Who provides these services?
- When are these services available?
- What students are eligible to receive these services?
- How (and when) can I contact the person providing counseling services?

See Parents Resource Center at: www.healthinschools.org/parents

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